

Growing in Humility

Humility: recognizing and admitting my total dependence on God.'



3 ways to grow in humility:

1. **I will** learn to ask for and accept help
2. **I will** admit when I am wrong and seek forgiveness
3. **I will** put the needs of others before my own.

Micah 6:8

He has told you, O man, what is good; and what does the LORD require of you but to do justice, and to love kindness, and to walk humbly with your God?



Take time to talk – Questions for parents to ask their children:

1. Who did you ask for help today? Who did you help today?
2. What question did you ask today in..... (math? Spanish? English? Recess?)
3. What is something you did well today?
4. What is something a classmate does really well? How could you encourage them?
5. What is something that you could have done better today?
6. What talent that God has given you did you use to help others today?
7. When did you have to apologize today?
8. What upset you today that you need to forgive others for doing? How did it make you feel to forgive them?



See small steps of growth, and rejoice. Speak a blessing over your child. This may sound like....

1. The Bible tells us that “A wise person listens to advice” (Proverbs 12:15). You did a good job listening and learning to take advice.”
2. You showed humility when you _____ (name the circumstance) (ie: “admitted you needed help”, “admitted you were wrong and asked for forgiveness”, “let your sister go first”)
3. It’s hard to say sorry when we make mistakes. I’m glad you are humble enough to admit when you have done wrong
4. I was pleased to hear you say, “I’m sorry.” It’s hard to say sorry when we make mistakes. I’m glad you are humble enough to admit when you have done wrong.



Help your child understand what it means to admit when they are wrong and apologize.

Help your child learn to sincerely apologize.

- Admit the wrong done (“I was wrong to”)
- State why it was wrong (“It was wrong because.... I thought only of what I wanted.....”)
- State what would have been the right choice to make (“Next time I will....”)
- Ask for forgiveness. (“I’m sorry. Will you forgive me?”)

Learn to give forgiveness and accept an apology.

- It is not alright to say, “Its ok” when a person apologizes. It was not ok for them to do wrong to you and the child should not gloss over the wrong done. Rather,
- Teach the child to say, “I forgive you. Let’s be friends.”
- Then shake hands, give a hug or high-five.
- The goal is repentance and restored relationship